



**Big Rock Regatta  
Sailing Instructions  
March 29<sup>th</sup> & 30<sup>th</sup> 2008  
Hosted by The Morro Bay Yacht Club**

**1 RULES**

- 1.1 The “rules” as defined in the 2005-2008 Racing Rules of Sailing (RRS), the Class rules and these Sailing Instructions will govern this regatta. The “Class rules” for the purposes of the definition of “Rules” are the International Optimist Dinghy Association Class Rules.
- 1.2 RRS 75.3 does not apply.
- 1.3 Boats must meet eligibility and entry requirements as outlined in the Notice of Race. Late entries will be accepted only with the prior approval of the Regatta Chairman.
- 1.4 Fleet assignment will be based on the competitor's age on the first day of the regatta in accordance with class rules. Skippers can race Optimists until their 16<sup>th</sup> birthday.

**2 NOTICES TO COMPETITORS**

Notices to competitors will be posted on the Official Notice Board, located at the Morro Bay Yacht Club (MBYC).

**3 CHANGES TO SAILING INSTRUCTIONS** Any change to the Sailing Instructions will be posted by 1030 hours on the day it will take effect, except that any change to the schedule of races will be posted by 1900 hours on the day before it will take effect.

**4. SCHEDULE OF RACES.**

**SATURDAY March 29th**

- 0800-1000 hrs                      Registration and Check-In
- 1000 hrs                                      Entry Deadline / Competitors' Meeting
- 1015 hrs                                      Coaches' / Support Boat Registration and Briefing
- 1155 hrs                                      Warning Signal for First Race  
(Subsequent races to start ASAP)

**SUNDAY March 30th**

- 1125 hrs                                      Warning Signal for First Race  
(Subsequent races to start ASAP)

Ten (10) races are scheduled: The race committee will try to get as many races on Saturday as is practical not to exceed six. The remaining races of the scheduled ten will be run on Sunday. Note; the Race Committee may run fewer races than the scheduled ten at its discretion. There will be an on-the-water lunch break between races both days.

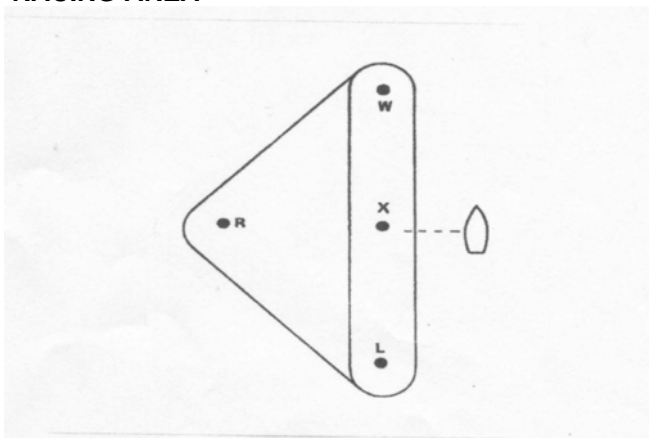
**5 TIME LIMITS**

A race will be abandoned if no boat completes the course in one hour. Any boat failing to complete the course within 20 minutes of the first boat will be scored DNF.

**6 CLASS FLAG**

TBA at skippers meeting

**7 RACING AREA**



**8 COURSES**

The start/finish line is restricted

Course numbers and courses.

- |          |             |        |
|----------|-------------|--------|
| 1. Start | W L         | Finish |
| 2. Start | W R L       | Finish |
| 3. Start | W L W L     | Finish |
| 4. Start | W R L W L   | Finish |
| 5. Start | W L W L W L | Finish |
| 6. Start | W R L W R L | Finish |

All marks to be taken to port.

**9 THE START**

9.1 Check-In: Prior to the Warning Signal for the first race each day, competitors must sail by the location of the RC and be recognized by the RC.

9.2 Races will be started using RRS Appendix Q.

9.3 The start and finish line will be between an orange flag or inflatable shape at the port end of the line and an orange flag on the race committee start boat.

9.4 A boat that starts more than five (5) minutes after her Starting Signal will be scored DNS. This changes RRS A4.1, A5, and 63.1.

9.5 Boats that are subject to RRS 29.1 - Individual Recall - at their Starting Signal (.e, must comply with RRS 29.1 or 30.1) may be hailed by sail number via loudhailer. Failure of the Race Committee to hail, or failure of a boat to hear a hail shall not be grounds for granting redress.

## **10 PROTESTS AND REQUESTS FOR REDRESS.**

**10.1** Protests shall be filed at the race committee desk located on the front deck of the MBYC.

**10.2** Protests will be heard in approximately the order of receipt as soon as possible.

**10.3** Protest must be filed within 20 minutes of the time the last competitor reaches the MBYC dock.

## **11 SCORING**

**11.1** The Low Point System of RRS Appendix A will apply, with the following modification: when fewer than five races have been sailed, a boat's series score will be the total of all her race scores; when five or more races have been sailed, a boat's series score will be the total of her race scores excluding her worst race. Note a DSQ cannot be excluded.

**11.2** Two (2) races must be completed to constitute a regatta.

## **12 SAFETY REGULATIONS**

**12.1** A boat that withdraws from a race prior to finishing shall notify the RC either before leaving the course area or as soon as possible after arriving ashore.

**12.2** RRS 40.1 is changed to apply to all times while on the water, except when temporarily adding or removing clothing between races, regardless of whether or not code flag "Y" is flown.

**12.3** Competitors shall carry a whistle attached to their life vest.

**12.4** A loop shall be tied to the end of the bowline.

**12.5** Each competitor must sign out prior to leaving the dock and sign in upon return.

## **13 EQUIPMENT AND MEASUREMENT CHECKS**

Boats may be measured for compliance with the class rules.

## **14 SUPPORT BOATS**

**14.1** Competitors who wish to keep support boats at MBYC must make arrangements with the Port Captain or Rear Commodore for use of the hoist, trailer storage and in-the-water berthing. Contact, MBYC port captain .Jim Phillips 805- 771 8634

**14.2** Only boats that have registered with the Race Committee (RC) and carry assigned identification will be allowed in the racing area. All individuals on such registered boats are required to wear PFDs and have a functioning marine radio on board.

**14.3** The USODA Green Fleet Policy applies.

**14.3.1** Coaching of the Green Fleet skippers while racing is permitted, however coaching shall be limited to skippers in the bottom half of the fleet in any given race. Only coach boats that have registered with the Race Committee (RC) and carry identification satisfactory to the RC will be allowed in the racing area. All individuals on such registered boats are required to wear PFD's.

**14.3.2** Coaches shall neither create wakes nor otherwise interfere with competitors. Coaches shall provide fair and consistent support to all competitors, not just their team or sailor. Violation of this instruction may result in any penalty that the protest committee deems appropriate, up to and including the disqualification of the coached skipper from the regatta.

## **15 PRIZES**

**15.1** Prizes will be awarded on the front deck of the MBYC as soon as possible after the last race.

## **16 DISCLAIMER OF LIABILITY**

Competitors in this event are participating entirely at their own risk. See RRS 4, Decision to Race. By participating in this event, each competitor agrees to release the race organizers (organizing authority, host yacht club, race committee, protest committee, sponsors, and any others acting in an official capacity for this event) from any and all liability associated with such competitor's participation in this event to the fullest extent permitted by law.

**I agree to the above mentioned Disclaimer of Liability.**

**Skippers Name:**

**Date:**

**Parent Signature:**